

Want To Quit Smoking? MassHealth Covers It Now!

Because tobacco use causes serious health problems for you and your family, MassHealth has a new benefit to help you quit — whether you chew, or use cigarettes or any other tobacco product.

What Stop-Smoking Help Is Covered?

You can choose from many stop-smoking medications for a \$1 or \$3 copay.

- The nicotine patch, gum, lozenge, or a pill (bupropion or Chantix) are covered and can help reduce cravings. Ask your primary care provider for all the choices.

You can talk to a counselor to learn how to quit and stay quit.

Ask your primary care provider about the choices:

- Meet one-on-one in person with a counselor.
- Join a stop-smoking support group.
- Receive stop-smoking help over the telephone.

To learn more about the new MassHealth benefit, call **MassHealth Customer Service at 1-800-841-2900**.

Where Do I Go for Help to Quit?

Ask your MassHealth primary care provider to prescribe medications and refer you to a stop-smoking counselor or enroll you in QuitWorks, a telephone stop-smoking program.

You can call for free stop-smoking help and information in English at **1-800-Try-To-STOP (1-800-879-8678)** and in Spanish at **1-800-8-DEJALO (1-800-833-5256)**. If you speak any other language, you can still call these numbers. An interpreter will be available.

You can also access free online resources for support to quit tobacco at www.trytostop.org.

Am I Covered?

You are covered if you are in one of these programs: MassHealth Standard, CommonHealth, Prenatal, Family Assistance for persons with HIV, and for members who get direct coverage (not premium assistance) for MassHealth Basic, Essential, and Family Assistance for children.

What If I Try, But Can't Quit?

Try again! MassHealth understands that it may take more than one attempt to quit smoking or using tobacco. Keep trying!



Try-To-STOP TOBACCO
RESOURCE CENTER OF MASSACHUSETTS

Make smoking history.